



# MARY AND TOM LEO ASSOCIATES, INC.

INDIVIDUAL & FAMILY COUNSELING SERVICES

2656 W. Montrose \* Chicago, IL 60618 \* (773) 267-5795 \* FAX: (773) 267-4787 \* [www.mtlainc.com](http://www.mtlainc.com)

## PARENT TRAINING SEMINARS

*Realistic Approaches to Training*

**January 2016 – December 2016 [TBA]**

All seminars are held on Saturday from 9:00am- 2pm. Please bring a lunch.

You must complete all three (3) consecutive Saturday sessions for a certificate/report of completion.

### **Intro to Parenting Skills:**

**Seminar Leaders: Tom Leo, M.A. & co-leader**

The goals and content of the group include: Basic First Aid Information, Home Safety Check List, Function of the Juvenile Court (scenario), Parent/Child Attachment, Relating to one's child in the care of others (positive visitation), Problematic situations and "Rules about rules." Behavioral strategies include: Effective praise, Planned Ignoring and Time Out. (These skills are further developed and other skills taught in the *Child Management Group*.) Also included, is a section on sexual abuse: prevention, detection and response.

### Dates & Location

- o 4/9/16 - 4/23/16
- o 8/6/16 – 8/20/16

**South Side Location: DCFS – 1921 S. Indiana**

**North Side Location: 2656 W. Montrose, MTLA Central Office**

### **Parents with Young Children**

**Seminar Leaders: Angela May, MSW & co-leader**

*This parent training group is specifically designed for parents with children between the ages of 0-7 years.*

The goals and content of the group include: basic first aid and minor illnesses for children ages 0-7; healthy nutritional guidelines; typical developmental, physical, emotional, cognitive, social, moral and sexual milestones. This class also includes steps for creating maintaining a nurturing, structured, and safe home environment.

### Dates & Location

- o 2/6/16 – 2/20/16
- o 6/4/16 – 6/18/16
- o 11/5/16 – 11/19/16

**DCFS – 1921 S. Indiana**

**DCFS – 1921 S. Indiana**

**South Side Location: TBA**

### **Child Management**

**Seminar Leaders: John Bedalow, B.A. & co-leader**

This class is the foundation of our various parenting programs and creates the most change in the family system. This group session goes in-depth by utilizing a variety of role-play scenarios with proven techniques to improve communication and behaviors in the family. Specific techniques include proactive parenting, meaningful praise, and corrective teaching.

### Dates & Location

- o 1/16/16 – 1/30/16
- o 3/5/16 – 3/19/16
- o 5/7/16 – 5/21/16
- o 7/9/16 – 7/23/16
- o 9/10/16 -9/24/16
- o 10/8/16-10/22/16

**DCFS - 1921 S. Indiana - Rm. 110**

**North Side Location: 2656 W. Montrose, MTLA Central Office**

**South Side Location: DCFS – 1921 S. Indiana**

**North Side Location: 2656 W. Montrose, MTLA Central Office**

**South Side Location: TBA**

**North Side Location: 2656 W. Montrose, MTLA Central Office**

### FY16/FY17 REFERRAL PROCEDURES

□ *Completed referrals can be faxed to our agency at 773-267-4787 or emailed to [referrals@mtlainc.com](mailto:referrals@mtlainc.com). DCFS caseworkers should have their supervisors sign for approval and a four month span in order for the client to have sufficient time to make arrangements to attend a group as well as select the appropriate group. POS caseworkers should have their supervisor and next level approver sign for approval and a four month span in order for the client to have sufficient time to make arrangements to attend a group as well as select the appropriate group. Workers are responsible for notifying clients of group dates.*

**Please contact our office regarding questions (773) 267-5795.**

**NO MAKEUPS!! LATECOMERS MAY BE ASKED TO LEAVE AT TRAINER'S DISCRETION.**