



MARY AND TOM LEO ASSOCIATES, INC.

Individual & Family Counseling Services

2656 W. Montrose Ave. * Chicago, IL 60618 * (773) 267-5795 * Fax: (773) 267-4787

PARENT TRAINING SEMINARS

Realistic Approaches to Training

January 2018 – December 2018

All seminars are held on Saturday from 9:00am- 2pm. Please bring a lunch.

You must complete all three (3) consecutive Saturday sessions for a certificate/report of completion.

Intro to Parenting Skills:

Seminar Leaders: Kolleen Blume, MA, LCSW & co-leader

The goals and content of the group include: Basic First Aid Information, Home Safety Check List, Function of the Juvenile Court (scenario), Parent/Child Attachment, Relating to one's child in the care of others (positive visitation), Problematic situations and "Rules about rules." Behavioral strategies include: Effective praise, Planned Ignoring and Time Out. (These skills are further developed and other skills taught in the *Child Management Group*.) Also included, is a section on sexual abuse: prevention, detection and response.

Dates & Location

- 4/7/18 - 4/21/18
- 10/13/18 – 10/27/18

South Side Location: TBA

North Side Location: 2656 W. Montrose, MTLA Home Office

Parents with Young Children

Seminar Leaders: Latesha Newson MSW, LCSW & co-leader

This parent training group is specifically designed for parents with children between the ages of 0-7 years.

The goals and content of the group include: basic first aid and minor illnesses for children ages 0-7; healthy nutritional guidelines; typical developmental, physical, emotional, cognitive, social, moral and sexual milestones. This class also includes steps for creating maintaining a nurturing, structured, and safe home environment.

Dates & Location

- 6/9/18 – 6/23/18
- 8/4/18 – 8/18/18

South Side Location: TBA

South Side Location: TBA

Child Management

Seminar Leaders: John Bedalow, BA & co-leader

This class is the foundation of our various parenting programs and creates the most change in the family system. This group session goes in-depth by utilizing a variety of role-play scenarios with proven techniques to improve communication and behaviors in the family. Specific techniques include proactive parenting, meaningful praise, and corrective teaching.

Dates & Location

- 1/6/18 – 1/20/18
- 2/10/18 – 2/24/18
- 3/10/18 – 3/24/18
- 5/5/18 – 5/19/18
- 7/7/18 – 7/21/18
- 9/8/18 – 9/22/18
- 11/3/18 – 11/17/18

South Side Location: 1921 S Indiana Ave

South Side Location: TBA

North Side Location: 2656 W. Montrose, MTLA Home Office

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FY18/FY19 REFERRAL PROCEDURES

□ Completed referrals can be faxed to our agency at 773-267-4787 or emailed to referrals@mtlainc.com. DCFS caseworkers should have their supervisors sign for approval and a four month span in order for the client to have sufficient time to make arrangements to attend a group as well as select the appropriate group. POS caseworkers should have their supervisor and next level approver sign for approval and a four month span in order for the client to have sufficient time to make arrangements to attend a group as well as select the appropriate group. Workers are responsible for notifying clients of group dates.

Please contact our office regarding questions (773) 267-5795.

NO MAKEUPS!! LATECOMERS MAY BE ASKED TO LEAVE AT TRAINER'S DISCRETION.