

# SEL CLASS OFFERINGS

- Peer Jury
- Discipline School
- Restorative Justice
- Conflict Resolution
- Learning to Rise
- Social Boundaries
- Token Economy

All sessions are held within the school setting!

## I KNOW I CAN!



SELA and MTLA Inc. are committed to providing teams of professionals who offer a variety of reliable, compassionate, and culturally competent therapeutic and educational services.

Our highly trained staff utilizes an **evidence based approach: CARE & CONCERN, COURAGE, HONESTY, RESPONSIBILITY, and GROWTH** for student social and emotional developmental needs.

Each staff member is committed to working diligently with all stakeholders; parents, administration, social workers, school counselors, teachers, and all support staff.

**“NO ONE OF US IS MORE IMPORTANT THAN ALL OF US” - JOHN C. MAXWELL -**

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MARY AND TOM LEO ASSOCIATES, INC.

over 35 years of success

**SOCIAL  
EMOTIONAL  
LEARNING  
ACADEMY (SELA)**



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**“KIDS DON'T CARE HOW MUCH YOU KNOW  
UNTIL THEY KNOW HOW MUCH YOU CARE”**

**JOHN C. MAXWELL.**

Since 1975 MTLA has successfully provided a variety of therapeutic services for those most vulnerable among us...at-risk youth and families in the Chicago Metropolitan area. Several years ago MTLA began to critically explore how to effectively and efficiently provide school based therapeutic services to address the Social Emotional Learning (SEL) deficits among students in 6<sup>th</sup> through 12<sup>th</sup> grades. This pursuit led to MTLA partnering with Social Emotional Learning Academy (SELA).



**SELA** was born out of a need to address students that present at-risk behaviors within a school context which prevents successful assimilation into the school community. The aforementioned student behaviors were repetitive in nature and self-defeating; resulting in large numbers of Out of School Suspensions (OSS), lost days of instructions, poor academic performance, increased drop outs, and criminal activity. The founder (Sean Parker) of SELA has been a Dean of students in the North Lawndale Neighborhood, and a therapist of MTLA. As a dean and therapist, he observed and experienced firsthand a high level of inappropriateness from a small group of 10 to 12 percent of students within the entire school population.

**SELA** has successfully devised and utilized an empirical based behavioral modification system designed for the public and private school context. This program is designed to co-exist with existing curriculum based structures, and programs, and will provide the necessary tools for teachers and administrators to sufficiently engage students with SEL deficits. Following the below Illinois standards, SELA has shown over 40 percent decrease in inappropriate behaviors among the volatile student populace.



### **Illinois Learning Standards for Social Emotional Learning**

Goal 1 - Develop self-awareness and self-management skills to achieve school and life success

Goal 2 - Use social-awareness and interpersonal skills to establish and maintain positive relationships

Goal 3 - Demonstrate decision-making skills and responsible behaviors in personal, school, and community contexts