



MARY AND TOM LEO ASSOCIATES, INC

INDIVIDUAL & FAMILY COUNSELING SERVICES

2656 W. Montrose * Chicago, IL 60618 * (773) 267-5795 * FAX (773) 267-4787

www.mtlainc.com

PARENT TRAINING SEMINARS

All MTLA Courses are from the Common Sense Parenting evidenced-based curriculum

January 2021 – December 2021

All seminars are held virtually on Fridays and Saturdays from 11:30am – 2pm. **NO TARDIES**

(Participants must complete all six (6) consecutive Friday and Saturday sessions and an observation with their child to receive a certificate of completion.)

Parents with Young Children

**Seminar Leaders: Kolleen Blume, LCPC
Alex Buol, LPC**

This parent training program is specifically designed for parents with children between the ages of 0-7 years. The goals and content of the group include: basic first aid and minor illnesses for children 0-7; healthy nutritional guidelines; typical development, physical, emotional, cognitive, social, moral and sexual milestones. This class also includes steps for creating, maintaining a nurturing, structured and safe home environment.

(Virtual) Dates:

- 2/5/21 – 2/20/21
- 4/9/21 – 4/24/21
- 6/5/21 – 6/19/21
- August 2021 – TBD
- October 2021 – TBD
- December 2021 – TBD

Child Management

**Seminar Leaders: Kolleen Blume, LCPC
Alex Buol, LPC**

This class is the foundation of our various parenting programs and creates the most change in the family system. The seminar sessions go in-depth by utilizing a variety of role-play scenarios with proven techniques to improve communication and behaviors in the family. Specific techniques include proactive parenting, meaningful praise and corrective teaching.

(Virtual) Dates:

- 1/8/21 – 1/23/21
- 3/5/21 – 3/20/21
- 5/7/21 – 5/22/21
- July 2021 – TBD
- September 2021 – TBD
- November 2021 – TBD

FY21/FY22 REFERRAL PROCEDURES

Completed referrals can be faxed to our agency at (773) 267-4787 or emailed to referrals@mtlainc.com. DCFS and POS caseworkers should have their supervisors and next level approver sign for approval and a six month span in order for clients to have a sufficient time to select the appropriate group, make arrangements to attend a group, and schedule an observation with their children.

Workers should notify clients of group dates. Please contact our office regarding questions (773) 267-5795.